



# MEDICAL, FITNESS AND EMERGENCY INFORMATION

Name Maria Gruber

Cell Phone (914) 260-1341

## MEDICAL INFORMATION

Condition(s), if any, requiring medications: Hypothyroidism, amenia

List of current medications: Levothyroxine, feosol

Allergies (food, medications, etc.): None

Do you have any condition(s) that might affect your health and safety while participating in your endurance event?  
No

## EMERGENCY INFORMATION

In case of emergency, please notify Christopher Gruber Relationship Brother

Emergency contact phone Home \_\_\_\_\_ Work \_\_\_\_\_ Cell (914) 815-2730