

# Expressing Breast Milk in the Workplace

FLSA - Section 4207 of the Patient Protection and Affordable Care Act  
Public Law 111-148 ("Affordable Care Act")  
Illinois The Right to Breastfeed Act

## Did you know?

- 73.9% of mothers breastfed at some point
- 43.4% were still breastfeeding at 6 months of age
- 22.7% were breastfeeding at 1 year of age
- 33.1% were exclusively breastfed through 3 months of age
- 13.6% were exclusively breastfed through 6 months of age

Δ 2010 – Center for Disease Control

## Your HR Team We're Here to Help

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**Keep in mind that you are not expected to be an expert** and you may be thinking - *How can I accommodate breast expressing in a limited school day? or I have limited space – how can I provide a specific place that's safe and sanitary for my employee to express milk?*

We've worked through this type of situation before so feel free to reach out to your fellow principals to see if they have experienced this situation and how the employee was accommodated and/or reach out to your HR Team – we can share with you best practices and how we have addressed similar situations across Noble.